

# S.O.A.P STUDY

## EXAMPLE ONLY



Blessed are those whose ways are blameless, who walk according to the law of the Lord. **2.** Blessed are those who keep his statutes and seek him with all their heart— **3.** they do no wrong but follow his ways. **4.** You have laid down precepts that are to be fully obeyed. **5.** Oh, that my ways were steadfast in obeying your decrees! **6.** Then I would not be put to shame when I consider all your commands. **7.** I will praise you with an upright heart as I learn your righteous laws. **8.** I will obey your decrees; do not utterly forsake me. **PSALM 119:1-8 NIV**

### **OBSERVATION:**

I think this scripture seems to be saying that its very important to focus on obeying God's laws and decrees, and that keeping his decrees is connected to being Blessed.

### **APPLICATION:**

Two verses stood out to me as I read the Scripture those being: the end of verse 2; where it talks about the blessed seeking God's ways with "all their heart" and not half hearted or with resistance, I think their are areas in my life where I need to do the same. Also verse 6 where it talks about the fact that if learn to "consider" doing things God's way I can avoid embarressent and shame in the end.

### **PRAYER:**

I need to stop picking and choosing which of God's laws I want to obey because then i'm only half hearted in my obedience. I need to stop repeating the same patterns of behaviour that end up with me being embarressed and feeling shame because I did not move forward in God's way. Today I'm praying for God's help to obey all his laws concerning me. Because his laws are actually given for my good.

## Scripture



Read through the daily scripture/s slowly & thoughtfully asking God to speak to your heart through the scripture/s.

Look at the scripture/s again and reflect for a few minutes. What does the scripture seem to be saying about God, and maybe also the people in the passage.

## Observation



## Application



Now honestly ask your self how the scripture might apply to your own life. Was there one key verse/phrase that stood out to you more? Maybe it's teaching you about God's likes & dislikes, or it revealed to you an action to begin, a promise you should claim, or an attitude or sin you need to change.

Write down a sentence or two about what you learned to apply to your life from the scripture. Now Pray and ask God that by his Holy Spirit he will help you to begin to apply the truth you received from his word in your life today.

## Prayer

